

PHYSICAL EDUCATION & HEALTH SUBJECT GUIDE - I/S

Books:

Accessing the general physical education curriculum for students with sensory deficits / Roseanna Davidson, Effie Laman and Michael Shaughnessy
GV445 .A23 2006

Building strong bones & muscles / Graham J. Fishburne, Heather Anne McKay, Stephen P. Berg
GV363 .F57 2005

The **Complete ropes course manual** / Karl Rohnke ... [et al.].
On order

Eat well & keep moving: an interdisciplinary curriculum for teaching upper elementary school nutrition and physical activity / Lilian W.Y. Cheung ... [et al.].
TX364 .C44 2007

40 years in the gym: favorite physical education activities / Donald R. Glover
GV443 .G58 2006

Full of ourselves : a wellness program to advance girl power, health, and leadership / Catherine Steiner-Adair and Lisa Sjostrom
RA777.25 .S74 2006

The **Handbook of physical education** / edited by David Kirk, Doune Macdonald and Mary O'Sullivan
GV207.3 .H36 2006 (Reference Collection)

No gym? no problem!: physical activities for tight spaces / Charmain Sutherland
GV363 .S878 2006

Planet health: an interdisciplinary curriculum for teaching middle school nutrition and physical activity / Jill Carter ... [et al.]
TX364 .P58 2007

Physical Best activity guide: middle and high school levels / National Association for Sport and Physical Education
GV365 .P49916 2005

Physical education assessment toolkit / Liz Giles-Brown
GV436.5 .G55 2006

Physical education: essential issues / edited by Ken Green and Ken Hardman
GV341 .P59 2005

Physical education self-management for healthy, active lifestyles / Jeff Carpenter
GV443 .C376 2007

Positive behavior management in physical activity settings / Barry W. Lavay, Ron French, Hester L. Henderson
GV363 .L36 2006

A practical guide to teaching physical education in the secondary school / edited by Susan Capel, Peter Breckon, and Jean O'Neill
GV361 .P58 2006

Stones in the sneaker: active theory for secondary school physical and health educators / edited by Ellen Singleton and Aniko T. Varpalotal.
GV361 S86 2006

Teaching games for understanding: theory, research, and practice / Linda L. Griffin, Joy I. Butler, editors
GV361 .T34 2005

Teaching physical education for learning / Judith E. Rink
GV363 .R55 2006

Fitness for life: middle school: teacher's guide / Guy C. Le Masurier, Dolly D. Lambdin, Charles B. Corbin.
GV443 .L414 2007

Textbooks: (textbooks on the Ontario Trillium List)

Grade 9 - Healthy Active Living Education, Open (PPL10)

Glencoe Health/ Michael Hilborn Mary Bronson Merki, Don Merki
RA776 .H65 2004

Healthy Active Living: Keep Fit, Stay Healthy, Have Fun/ Ted Temertzoglou
GV341 .T475 2007 Teachers Guide

Grade 10 - Healthy Active Living Education, Open (PPL20)

Glencoe Health / Michael Hilborn Mary Bronson Merki, Don Merki
RA776 .H65 2004

Healthy Active Living: Keep Fit, Stay Healthy, Have Fun/ Ted Temertzoglou
GV341 .T475 2007 Teachers Guide

Grade 12 - Recreation and Fitness Leadership, College Prep (PLF4C)

The World of Recreation and Fitness Leadership
On order

Grade 12 - Exercise Science, University Prep (PSE4U)

Exercise Science: An Introduction to Health and Physical Education/
Ted Temertzoglou, Paul Challen
GV341 .T45 2003

Foundations of Exercise Science
On order

**Foundations of Exercise Science: Studying Human Movement and Health 2nd
Edition**

On order

Multimedia:

Videos/ DVDs:

Body systems and health series/ producer Brian A. Jerome
QP37 .B63 2008 DVD

Diet and disease in modern society/ Cambridge Educational
RM216 .D54 2004 VHS

Eater beware: from chemical stews to organic gardens/Learning Seed
TX364 .E284 2003 VHS

From A to ZZZZ's: what teens need to know about sleep / Human Relations Media
QP425 .F76 2006 VHS

Nutrition / Visual Learning Company
TX551 .N87 2006 DVD

Portion control: seeing the healthy way to eat / Human Relations Media
TX945.5.M33 P67 2004 VHS

Rx for survival: a global health challenge / WGBH/NOVA Science Unit & Vulcan
Productions (communicable diseases)
RA441 .R9 2005 DVD

Teen health/ Glencoe/McGraw Hill
RA440 .B7754 2003 VHS

Tobacco and death: perfect together / Human Relations Media
RA1242.T6 T63 2006 DVD

Understanding anorexia and bulimia / Human Relations Media
RC552.E18 U52 2003 VHS

The **weight of the world /** Glynis Whiting - National Film Board
RA645.O23 W44 2003 VHS

Where there's smoke / National Film Board of Canada
HV5735 .W84 2005 VHS

Charts:

Anorexia / Health Edco

RC552.A5 A546 2004

Effects & hazards of substance abuse/ Health Edco
HV5801 .E33 2000

Skin cancer/ 3B Scientific GmbH, Health Edco
RL81 .S55 2002

Stages of labor / Childbirth Graphics
in process

Substance abuse: harmful effects/ Health Edco
HV4999.Y68 S83 2001

Timeline of pregnancy/ Health Edco
RG525.5 .T56 2004

What you should know about HIV / AIDS/ Health Edco
in process

What you should know about nutrition / Health Edco
QP141 .W45 2005

Models/ Kits:

HIV/AIDS : death of an immune system : how a healthy immune system works /
sculpted by Vern Herschberger
RA644.25.A25 H5755 2002 (kits)

Human body: pre-cut/ Little Folks Visuals
QM33 .H683 2000

Uterus / fetus model set / Childbirth Graphics: Health EDCO
RG525 .U84 2004

Teacher Resources:

Lesson plans: dynamic physical education for secondary school students /
prepared by Carole M. Casten
GV365 .P362 2006

Ontario safety guidelines for physical education: secondary curricular guidelines/
OPHEA
GV344 .P482 1999t

**Ontario safety guidelines for physical education: secondary interschool
guidelines/**
OPHEA
GV344 .P484 1999t

Provincial safety guidelines in physical and health education/ OPHEA
GV225 .O5 P76 1986t

Journals:

In Print:

**Physical and Health Education Journal
The Physical Educator**

Websites:

CBC Archives – Sports
<http://archives.cbc.ca/IDT-1-41/sports/>

Health Canada-Healthy Living
http://www.hc-sc.gc.ca/hl-vs/index_e.html

Health: Helping Teens – Peel Region
<http://www.peelregion.ca/health/helping-teens/about/index.htm>

Teens Health
Hot topics in teens health
<http://kidshealth.com/teen/>

Medline Plus Medical Encyclopedia

<http://www.nlm.nih.gov/medlineplus/encyclopedia.html>

PE Central – Sports Related Web Sites

<http://www.pecentral.org/websites/sportsites.html>

World Health Organization

<http://www.who.int/en/>

Youth Path – Sports and Recreation

<http://jeunesse.gc.ca/yosubcat.jsp?&lang=en&flash=1&ta=1&cat=8&lev=1>

Professional Associations:

Ontario Physical and Health Education Association (OPHEA)

<http://www.ophea.net/>

**Canadian Association for Health, Physical Education,
Recreation and Dance (CAHPRED)**

<http://www.cahperd.ca/eng/>